

SEPTEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
ROCS DINING SERVICES- KIMBALL CALL 605-778-9201 TO RESERVE A MEAL		Lasagna Tossed Salad Mixed Fruit French Bread	Pork Cutlet Mashed Potatoes Glazed Carrots Crunchy Cranberry Salad	Club Sandwich (Grilled or Cold) English Pea Salad Pears
6	7	8	9	10
CLOSED LABOR DAY	Meatloaf Parslied Potatoes Stewed Tomatoes Waldorf Salad Chocolate Pudding W/Whipped Topping	Pork Chop W/Celery Sauce Baked Brown Rice Broccoli Fruit Cocktail	Hot Beef Sandwich Mashed Potatoes W/Gravy Corn/Broccoli Bake Peaches Vanilla Ice Cream	Breaded Baked Fish Parsley Potatoes Glazed Carrots & Peas Pudding W/Fruit
13	14	15	16	17
Beef & Noodles Parslied Carrots Pears Cranberry Orange Bar	Turkey Panini or Grilled Turkey Sandwich Potato Salad Broccoli Banana	Baked Chicken Fried Steak Mashed Potatoes W/Gravy Peas Apricots	Mac & Cheese W/Chicken Spinach Salad Green Beans Peaches	Tuna Salad W/Bun Tossed Salad Tomato Slices Seasonal Fresh Fruit
20	21	22	23	24
Hot Pork & Cheese Sandwich Peas & Carrots Upside down W/Fruit Topping	Baked Chicken Creamed Potatoes Baked Squash Apple	Roast Turkey Mashed Potatoes W/Gravy Seasoned Spinach Chocolate Pudding W/Topping Orange	Oven Baked Beef Stew Peaches Cranberry Orange Bar Crackers	Hamburger W/Bun Hash browns Baked Beans Pears
27	28	29	30	
Spaghetti W/Meat Sauce Peas Peaches French Bread	Ham Loaf Baked Sweet Potato Green Beans Orange	Baked Chicken Mashed Potatoes W/Gravy Harvard Beets Apricots	Pork Cutlet Baked Sweet Potato Green Bean Casserole Orange	

NUTRITIONAL INFORMATION IS AVAILABLE AT THE SITE. ALL MENUS ARE SUBJECT TO CHANGE. ALL MEALS ARE SERVED WITH BREAD AND 1% MILK UNLESS OTHERWISE NOTED.

